

CKBC March Break Development Camp Tentative Schedule

		Wednesday 18 2:00 - 6:00pm	Thursday 19 10:00am -4:00pm	Friday 20 9:00am - 5:00pm	Saturday 21 10am - After Dinner	Sunday 22 9:00am - 12:00noon
AM	Off/Travel		10:00 - 12:00 Paddle Speed Groups	9:00 - 11:00 Paddle Distance Paddle Bring Own Lunch to Club	10:00 - 12:00 Technical or Game	9:00 - 11:00 Paddle Speed Groups
	2:00 - 3:30 Paddle Large Group (Coaches Assess: 2 Speed Groups)	12:00 - 2:00 Group Run / Lunch	1:00 - 3:00 Paddle Large Teamboats and Warcanoes	12:00 - 1:00 Trialathon (Running, Paddling, Skills) 1:00 - 2:00 Lunch		
Mid						
PM	4:00 - 6:00 Paddle Disipline Groups Technical	2:00 - 4:00 Paddle Speed Groups	~ 3:00 - 5:00 Activity Lazer Tag at Planet Lazer (~\$16 additional cost)	2 - 3:30 Disipline Groups Technical	Off/Travel	
				~ 5 - 8pm Team Dinner Dinner at the Nosellas		