



Canoe/Kayak Training Schedule



Location: Welland International Flatwater Centre

DATE	DAY	TRAINING START	TRAINING END	TEAM
7/17/2017	Monday	11:00 AM	1:00 PM	Teams to be assigned after registration
		1:00 PM	3:00 PM	Teams to be assigned after registration
		3:00 PM	5:00 PM	Teams to be assigned after registration



Canoe/Kayak Schedule



Location: Welland International Flatwater Centre

Tuesday, July 18, 2017		
Start Time	Event	Section
9:00	K1 3000m U19 Male	Final
9:05	MC1 3000m U19 Female	Final
9:30	K1 3000m U16 Male	Final
9:35	MC1 3000m U16 Female	Final
10:00	K1 3000m U14 Male	Final
10:05	MC1 3000m U14 Female	Final
10:30	MC1 3000m U19 Male	Final
10:35	K1 3000m U19 Female	Final
11:15	MC1 3000m U16 Male	Final
11:20	K1 3000m U16 Female	Final
11:45	MC1 3000m U14 Male	Final
11:50	K1 3000m U14 Female	Final
13:45	K1 1000m U19 Male	Final
14:00	K1 1000m U19 Female	Final
14:15	K1 1000m U16 Male	Final
14:30	K1 1000m U16 Female	Final
14:45	K1 1000m U14 Male	Final
15:00	K1 1000m U14 Female	Final
15:30	MC2 3000m U19 Mix	Final
15:45	MC2 3000m U16 Mix	Final
16:00	MC2 3000m U14 Mix	Final
17:00	MC1 6000m U19 Male	Final
17:10	MC1 6000m U19 Female	Final

Wednesday, July 19, 2017		
Start Time	Event	Section
9:00	MC1 1000m U14 Male	Prelims
9:12	MC1 1000m U14 Male	Prelims
9:24	MC1 1000m U14 Female	Prelims
9:36	MC1 1000m U14 Female	Prelims
9:48	MC1 1000m U16 Male	Prelims
10:00	MC1 1000m U16 Male	Prelims
10:12	MC1 1000m U16 Female	Prelims
10:24	MC1 1000m U16 Female	Prelims
10:36	MC1 1000m U19 Male	Prelims
10:48	MC1 1000m U19 Male	Prelims
11:00	MC1 1000m U19 Female	Prelims
11:12	MC1 1000m U19 Female	Prelims
11:24	MC2 1000m U14 Mix	Prelims
11:36	MC2 1000m U14 Mix	Prelims
11:48	MC2 1000m U16 Mix	Prelims
12:00	MC2 1000m U16 Mix	Prelims
12:12	MC2 1000m U19 Mix	Prelims
12:24	MC2 1000m U19 Mix	Prelims
13:10	K1 200m U14 Male	Final
13:20	K1 200m U14 Female	Final
13:30	K1 200m U16 Male	Final
13:40	K1 200m U16 Female	Final
13:50	K1 200m U19 Male	Final
14:00	K1 200m U19 Female	Final
14:10	MC2 3000m U14 Male	Final
14:40	MC2 3000m U14 Female	Final
15:10	MC2 3000m U16 Male	Final
15:40	MC2 3000m U16 Female	Final
16:10	MC2 3000m U19 Male	Final
16:40	MC2 3000m U19 Female	Final

Thursday, July 20, 2017		
Start Time	Event	Section
9:00	MC1 1000m U14 Male	Final
9:12	MC1 1000m U14 Female	Final
9:24	MC1 1000m U16 Male	Final
9:36	MC1 1000m U16 Female	Final
9:48	MC1 1000m U19 Male	Final
10:00	MC1 1000m U19 Female	Final
10:12	MC2 1000m U14 Female	Prelims
10:24	MC2 1000m U14 Female	Prelims
10:36	MC2 1000m U14 Male	Prelims
10:48	MC2 1000m U14 Male	Prelims
11:00	MC2 1000m U16 Female	Prelims
11:12	MC2 1000m U16 Female	Prelims
11:24	MC2 1000m U16 Male	Prelims
11:36	MC2 1000m U16 Male	Prelims
11:48	MC2 1000m U19 Female	Prelims
12:00	MC2 1000m U19 Female	Prelims
12:12	MC2 1000m U19 Male	Prelims
12:24	MC2 1000m U19 Male	Prelims
12:36	MC2 1000m U14 Mixed	Final
12:48	MC2 1000m U16 Mixed	Final
13:00	MC2 1000m U19 Mixed	Final
14:00	MC2 1000m U14 Female	Final
14:12	MC2 1000m U14 Male	Final
14:24	MC2 1000m U16 Female	Final
14:36	MC2 1000m U16 Male	Final
14:48	MC2 1000m U19 Female	Final
15:00	MC2 1000m U19 Male	Final
16:00	MC2 6000m U19 Female	Final
16:10	MC2 6000m U19 Male	Final
16:15	MC2 6000m U19 Mix	Final
16:20	K1 6000m U19 Male	Final
16:25	K1 6000m U19 Female	Final