



CRYK

**Friday April 13 -
Sunday April 15
2018**

Near DUNCAN BC

Sponsored by:
**Vancouver Island Whitewater
Paddling Society / Canoe
Kayak BC**
Event Organizer:
Dan Norman
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The OBJECT

To introduce youth aged 12 – 18 to the sport of whitewater kayaking in a safe and fun environment.

This festival will be based on the Cowichan River in the Horseshoe Bend area of Cowichan River Provincial Park, Near Duncan BC.

Friday April 13 2018

4 PM – 6 PM check in and set up at campsite (Horseshoe Bend Group Campsite)
7 – 9 PM introductory safety in the pool –
Cowichan Aquatic Centre, Duncan BC
9:30 PM return to campsite

Saturday April 14 2018

9:30 am be ready to paddle and meet at shelter
10am – 12:30 pm on water session #1
12:30 – 1:30 pm lunch
2 – 4:30 PM on water session #2
6 PM dinner at campsite
Evening program around campfire

Sunday April 15 2018

9 am ready to paddle, meet at shelter
9:30am – 12 pm on water session #1
12 - 12:45 pm lunch
1:15 – 3 PM on water session #2
3:30 pm clean-up, awards,
acknowledgements

WHO SHOULD PARTICIPATE?

Any youth aged 12 – 18 regardless of experience. We will be providing equipment and instruction for total beginners right up to advanced whitewater paddlers.

REGISTRATION

Please register online at

<http://canoekayakbc.sportical.com/events/3630>

Cost of the festival is \$100 per youth for CKBC members, \$110 for non members.
There is a late fee (\$25) for registration after March 31.

This includes:

Breakfast and dinner Saturday

Breakfast Sunday

Instruction, Camping fees, pool fees, (there is some equipment available if needed).

Other Details....

There is camping on-site –. If you plan to camp on Friday evening, please email Dan so arrangements to get you onto the site are in place when you arrive.

More detailed info on location and maps available at <http://wlapwww.gov.bc.ca/bcparks/explore/parkpgs/cowichan.htm>

Access Highway One from Victoria to the south or Nanaimo to the north. BC Ferries travel from Horseshoe Bay (just north of Vancouver) to Nanaimo and from Tsawwassen (just south of Vancouver) to Victoria.

From Highway One, just north of Duncan, go west on Highway 18 towards Cowichan Lake and Youbou. Pass the first blue provincial park sign and turn at the second road sign for Cowichan River Provincial Park about 19 kilometres after you leave highway one. Turn left, and then left again almost immediately, following signs for Skutz Falls. After approximately 1 km, turn right on Mayo Road, again following signs for the provincial park. When you get to the dirt road, turn left and Horseshoe Bend Group Campsite entrance is at the yellow gate about 100 metres after the turn. This is the festival campsite. On festival weekend, this route will be signed – follow yellow signs reading “KAYAK RACE”.

Access to the festival site is through a locked gate at Horseshoe Bend group campsite. We are expected to keep this gate locked, so if you arrive and the gate is not open, please walk the road down to the camp shelter (approx 7 minute walk) to get a key to the gate.

Cowichan Aquatic Centre is just off highway one in Duncan, near the giant hockey stick

Each youth will need

Bag lunch for each day

Camping equipment

Whitewater Kayak equipped with float bags, spraydeck, pfd, helmet, paddle

(If you do not have equipment, contact Dan to see if loaners can be arranged)

Adequate clothing for kayaking:

- Wetsuit is recommended
- Lots of layers of non-cotton clothing
- Waterproof outer layer (rain coat or paddle jacket)
- Warm footwear that will stay on feet in moving water (wetsuit boots, runners with wool socks etc)

Any questions

Dan Norman

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