



BC Spring Long Distance Championships (Eggatta) & ICF World Marathon Championships Qualifier



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| Who? | All registered CKBC (or USACK) members are invited to participate Race distances will vary based on the development stage of the athlete. All singles racers will start together and all doubles racers will start together. There will be portages! |
| Where? | Pitt Meadows Paddling Club - public parking is available on the east side of the Silver Bridge on Harris Road. The Canoe Club and docks are on the west side of the bridge |
| When? | Saturday April 10th, 2010 Singles races will begin at 10am. Doubles races will begin at 1pm. |
| How? | Entry Deadline is Monday April 5 th at midnight. Individuals may enter online at: http://canoekayakbc.spportical.com/events/386 OR club coaches can send entries to info@pmc.ca by the deadline above |
| Cost? | \$10 entry fee for all Those wishing to be considered for the ICF Qualification must join the Marathon Discipline for an additional \$10 |
| Awards? | Winners in each respective category will receive Easter Treats! |
| Events? | Train to Train Singles 10 km U18, U23 and Open Women's Singles 15 km Open Men's Singles 20 km Train to Train Doubles 10 km U18, U23 and Open Women's Doubles 15 km Open Men's Doubles 20km Club Coaches see attached entry form |
| Accommodations? | Ramada Inn – Pitt Meadows 19267 Lougheed Highway Pitt Meadows, BC V3Y 2J5 - (604) 460-9859 http://www.ramada.com/Ramada/control/Booking/property_info?propertyId=10985 |
| Other Information? | Bring your own snacks and drinks. |
| Questions? | Contact Rick Hammer at rahammer@telus.net or 778-899-8879 |