

BC Coaches Week – Feature Coach

Diane Tam – False Creek Racing Canoe Club



If you could be any color in the Crayola box, which one would you pick and why? Black, because don't you use a bit of black for everything?

How long have you been coaching? And coaching at the current club? A year and a half

Why did you decide to be a coach? It actually happened by accident. I fell in love with the sport and really wanted to see more people doing it. The only way was to learn to teach it myself

What, if any, professional development plans are in your future? In terms of paddling, definitely continue paddling, and helping out where ever I can to grow the sport.

What is your proudest coaching moment to date? Bringing Anna Zhan who I introduced to C! and coach to Kamloops (BC Champs) for her first regatta after only paddling for 3 months and seeing her complete all of her races.

Who is your 'idol' coach? Blake Dalton; he wears a cool hat, funny guy and incredibly knowledgeable – I never fail to learn something from Blake each time I see him.

How important is winning? It's not. Winning is a great accomplishment, but if you work hard and continue to improve and beat out your personal bests while enjoying what you do, then that in itself is an even greater accomplishment.

How do you define success as a coach? If you can impact an athlete in a positive way about life and good work ethics, and expose them to experiences that they can continually build on that makes them a better athlete and person in general.

If you could be a super hero for 24 hours; which one would you be and why? Professor X – I've always wanted to be able to control people's minds!

