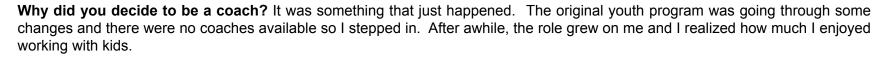
BC Coaches Week – Feature Coach

Laurence Chin - False Creek Racing Canoe Club

If you could be any color in the Crayola box, which one would you pick and why? Purple! For some reason I've always liked the color

How long have you been coaching? And coaching at the current club? Two years



What, if any, professional development plans are in your future? This year I will be applying to physical therapy programs in both Vancouver and Ontario.

What is your proudest coaching moment to date? Getting a group of kids hooked on canoe.

Who is your 'idol' coach? Blake Dalton; his knowledge and enthusiasm is one of the reasons we push for sprint development at our club.

How important is winning? Winning isn't important, but it's always a part of sport. I feel we should focus on the things we can control (like our own technique and tactics, physical preparation, etc) and emphasize our personal best.

How do you define success as a coach? Being well prepared and giving your best effort.

If you could be a super hero for 24 hours; which one would you be and why? Doctor Strange – neurosurgeon and the Sorcerer Supreme. I was obsessed with the comics as a kid! For 24 hours, I'd fly around with a cool cape and perform brain surgery and magic tricks.....and save the world!

