



2016 PACIFIC CUP REGATTA

Date Saturday, September 10 and Sunday, September 11

Location Ridge Canoe and Kayak Club (RCKC)
27871 – 113th Ave
Maple Ridge, BC

Cost \$30 per athlete (+ \$15 late entry fee)

Registration Club coaches or representatives, please submit your entries to Blake Dalton (blake@canokayakbc.ca).

Registration Deadline: 11:59 pm on Friday, September 2.

Blake will send out a draft draw between September 5 and September 7. Coaches will have a set time to make any changes.

A final draw will be available on Friday, September 9.

Changes to entries during race day: substitutions and scratches can be made during race day by completing a CKBC Name Change Form and submitting the Form to the Competition Secretary. Additions MAY be accepted if a lane is available. Athletes who have not been registered by the September 1 deadline will be assessed a late fee (entry fee + \$15).

Athletes All competitors must be registered competitive members of a CKBC, CKC or USACK club.

Volunteers and Officials *** We are always in need of volunteers (especially boat drivers) and officials ***

Volunteers can contact Darren Koehler at koehlerc@telus.net

Officials can register at the following website:
<http://officials.canokayakbc.ca/>

Boat drivers require a Pleasure Craft Operators Card (or American equivalent) and should register at the above link.

As per CKBC Travel Policy, Officials that have participated in approved training, upgrading or re-training course within 3 years

of the event and be available for over 50 per cent of the regatta are eligible for travel support. Eligible officials must register their availability 48 hours prior to the event.

- Accommodation** Recommended hotels for the event are:
- Best Western Mission – 32281 Lougheed Hwy, Mission 604-820-5500
 - Ramada Pitt Meadows – 19267 Lougheed Highway, Pitt Meadows 604-460-9859

Indicate with both hotels that you are with Canoe Kayak BC. Rates will increase as we get closer to the regatta.

- Race Events**
- **U11:** K1/C1 200m; Mixed K2/C2 200m; Mixed K4/C4 200m; Mixed K4/C4 500m
 - **U12:** K1/C1 200m
 - **U13:** K1/C1 200m; K2/C2 200m; K2/C2 500m; K4/C4 500m
 - **U14:** K1/C1 200m
 - **U15:** K1/C1 200m; K2/C2 200m; K2/C2 500m; K4/C4 500m
 - **Novice:** K1/C1 200m; K2/C2 200m; K2/C2 500m;
 - **Master:** K1/C1 200m; K2/C2 200m; K1/C1 500m; K2/C2 500m;
 - **Para:** K1/C1 200m; K1/C1 500m

Race limit: ***** 8 events per athlete *****

N.B. U11/U12 Races: like last year, there will be no finals for U11 races and U12 Singles. Ranking will be determined by time from the heats. Same with all fours events.

Coaches Coaches and officials will meet 1 hour prior to the start of the races each morning

Rules CanoeKayak Canada's Sprint Racing Discipline Competition Rules 2014-2015 ("Rulebook") will be used. See <http://canoeKayak.ca/wp-content/uploads/2014/11/2014-15-EN-Rulebook-July-301.pdf>

Key points:

- Athletes competing in ALL races must be uniformly dressed in the approved colours and design of their club
- No false starts
- Athletes are expected to stay in their own water

- Categories** U11: Born in the year 2005 or later
U12: Born in the year 2004
U13: Born in the year 2003
U14: Born in the year 2002
U15: Born in the year 2001
Novice: athletes that are under 21 years of age and have not competed at the Canadian or American National Championships
Master: >1980
- Technical**
- Clubs are expected to bring their own deck numbers.
 - Bear/tub/Canadian C-4's will be used (i.e. no IC4's).
 - U15 and younger athletes must wear PFD's approved under the small vessels regulations within Canada's Shipping Act (see Rule 2.17 of the Rulebook)
- Trailers** Trailers may be parked at RCKC on the night of Friday, September 9.