

**ATTN: CLUB REPRESENTATIVES - This is the only form being sent to your club.
If you are no longer the rep, please forward this information to the appropriate person in your club.**



**Seattle Canoe & Kayak Club's 32nd Annual
Ted Houk Regatta
Green Lake, Seattle
June 4th & 5th, 2011**



**Entries & fees due by 5:00 p.m. Tuesday, May 24th 2011
All entries received after this deadline will owe double regatta fee!
Athletes must be USACK or CKC members or sign up for the one day USACK
special membership.**

Entries:

Coaches: Please fill out the TEAM ENTRY FORM, listing all team athletes by race, and submit it to the Green Lake Small Craft Center along with the team entry fee no later than Tuesday, May 24th, 2011.

No individual athlete waivers are required for this event. It is the responsibility of each club to ensure that their athletes are members of either USACK (event or yearly) or CanoeKayak Canada. USACK event-only memberships, if required, should not be submitted with team entries, but mailed directly to USACK.

Each athlete may enter a total of 8 races plus 2 as an alternate. After the first 10, further entries are automatically eliminated by the system.

Late entries may be accepted at the discretion of the Race Director at the Scratch meeting, absolutely no fees or paperwork will be accepted after the scratch meeting.

Entry Fees:

The non-refundable entry fee is **\$50.00 U.S. funds** per athlete. Team Entry Form & Fees are due by Tuesday, May 24, 2011, 5:00pm. Checks or credit card information payable to City of Seattle. Payments received after the deadline date will owe **DOUBLE** the amount.

**Mail/Fax entries to: Seattle Canoe & Kayak Club, Green Lake Small Craft Center
5900 W Green Lake Way N. Seattle, WA 98103
(Phone: 206-684-4074) FAX: 206-684-4042**

IMPORTANT DATES

Tuesday, May 24: Billeting requests must be submitted to Kristi Guay at theseattlequays@gmail.com

Friday, June 3: Scratch Meeting at Boathouse 7:00 pm

Saturday, June 4 8:00 am - 5:00 pm 1000m Races
 5:30 pm - 7:00 pm Awards Dinner

Sunday, June 5 8:00 am - 1:00 pm 500m

Races: (Olympic Flat-water Canoe and Kayak Sprint Events)

Canoe

Men & Women Open/Masters C1, C2, C4 (1000m & 500m)
Men & Women Juvenile/Junior C1, C2, C4 (1000m & 500m)
Men & Women Bantam C1, C2, C4 (1000m) (C2, C4 500M)

Kayak

Men & Women Open/Masters K1, K2, K4 (1000m, 500m)
Men & Women Juvenile/Junior K1, K2, K4 (1000m, 500m)
Men & Women Bantam K1, K2, K4 (1000m) (K2, K4 500M)
Paracanoe 1000m day one, 200m day two

Eligibility:

You must be a current USACK (or CKC) member in good standing to race.

It is the responsibility of other non-USACK members to complete a USACK "Event Only" membership form and submit it, with the \$10.00 Event fee, directly to USACK. Forms can be downloaded from the SCKC web page <http://www.seattlecanoecub.org/>

All competitors must be competent swimmers. It is the responsibility of the entering organization to verify this.

Parking:

The semicircular parking lot overlooking the lake and racecourse will be our staging area, as in the past. This is the second lot on the right (lake side). Boat trailers may park along the left side (when facing north-west) of this lot, parallel to the street and tight to the curb. Please do not park opposite the staging area (where the tents are). There are two large lots on the left side of Green Lake Way (opposite from lake) and another lot on the right (lake side) before the staging parking lot. Additional parking may be available up the paved road in front of the tennis courts by the picnic shelters - only a short walk to the lake. Drop off your equipment before you park.

Scratch Meeting:

Friday, June 3, 7:00 PM @ Green Lake Boathouse Meeting Room
Green Lake Small Craft Center: 5900 W Green Lake Way N Seattle, WA 98103 Phone: 206-684-4074

Venue:

GREEN LAKE The competition venue is located at the south end of the lake, adjacent to the boathouses. From I-5, exit at NE 50th Street (just north of the UW). Turn west onto NE 50th ("NE" becomes "North"). Follow about 25 blocks to 5-way intersection at Stone Way. Turn right (north) onto Green Lake Way N. Continue north to just past first light; turn left (west) just before the "Pitch & Putt Golf Course" onto W Green Lake Way N. Venue is on your right, just past the "golf course".

Security:

Boat security will be available both Friday and Saturday nights from 7:30pm 5:00am.

Saturday Dinner:

Please indicate the # of dinner tickets your team would like on the registration page. All participants, families, volunteers, coaches, chaperones and supporters are invited. Tickets must be purchased ahead of time for Saturday evening dinner, for the cost of \$12 per person.

Accommodations:

Billeting

Billeting requests must be made separately and submitted no later than Tuesday, May 24th, 2011 to volunteer Kristi Guay at theseattlequays@gmail.com

Lodging

EARLY BIRD MANAGER'S SPECIAL! Nikki Brame, nikki@hotelnexusseattle.com Group booking of **Nexus Hotel** in Seattle has graciously extended a special offer for the out-of-town Ted Houk Race participants. Hotel Nexus is offering a reduced rate of **\$95 US + Tax per night per double queen room including hot breakfast for up to 4 individuals per room. Also includes free parking and free wireless.** This rate is available if booked at least 30-days prior to the event and if rooms remain available. This time of year is typically busy with graduation bookings so the space typically books up well in advance.

Hotel

2140 North Northgate Way, Seattle, WA 98133. Hotel Nexus local phone: **206-365-0700** and (Outside the NW --use this number **1- 800-435-0754**). **Make reservations by calling in to be sure to get the Special Rate!** www.hotelnexusseattle.com

DIRECTIONS TO HOTEL NEXUS: From I-5, exit westbound at Northgate Way exit (at about N. 105th St.). Go one block west of the interchange, hotel is on the north side.

HOTEL NEXUS DIRECTIONS TO VENUE: take I-5 (south). Exit at NE 50th Street. Turn west onto NE 50th ("NE" becomes "North"). Follow about 25 blocks to 5-way intersection at Stone Way. Turn right onto Green Lake Way, N. Continue north to just past first light; turn left (west) just before the "Pitch & Putt Golf Course" onto West Green Lake Way, N. Venue is on your right, just past the "golf course".

Volunteers:

Please lend a hand with the races. We can always use help in the boats, on the finish line, etc. If you are able, the success of the regatta depends on the community of paddlers supporting our event.

Questions (?)

Co Race Directors: Craig Cayton cacayton@msn.com
John Cross-Whiter jcross-whiter@comcast.net

Seattle Area Information:

Seattle-King County Visitors Bureau, 520 Pike Street, Suite 1300, Seattle, WA 98101
206-461-5840 <http://www.seeseattle.org>



**Ted Houk Memorial Regatta
June 4th & 5th, 2011
Seattle, Washington**



Official Entry Form

Please print clearly—this form must be filled out completely

Organization: _____

Contact Person: _____ (one per club please)

Address: _____

City: _____ State/Province: _____ Zip Code: _____

Email: _____ Phone: _____

_____ # of PARTICIPANTS x **\$50.00** = _____

_____ # of Late Entry PARTICIPANTS x **\$100.00** = _____

_____ # of Saturday Dinners X **\$12.00** = _____

Total = _____

Mail Payment and Entry Packet to: **Green Lake Small Craft Center
5900 W Green Lake Way N
Seattle, WA 98103
(Phone: 206-684-4074) FAX: 206-684-4042**

Checks: Make checks payable to *City of Seattle* or "C.O.S."

Credit/Debit Cards: To pay by phone, please contact Mputela Scott or Jason Frisk at the Green Lake Small Craft Center 206-684-4074

Payment Amount \$ _____ Name on Card: _____

Credit Cards: # _____ Exp _____ Visa / MC/ Amex

ENTRY DEADLINE: May 24, 2011 by 5:00pm - Late payments are double fees (\$100.00 per athlete)

----- *FOR OFFICE USE ONLY* -----

AMOUNT RECEIVED: _____ DATE: _____ RECEIPT # _____ INITIALS: _____