2009 CANADA SUMMER GAMES TEAM TRIALS

<u>DAY 1</u>					
9:00	K1	MEN	500M	Heat 1	
9:10	K1	MEN	500M	Heat 2	
9:20	K1	WOMEN	500M	FINAL	
9:30	C1	MEN	500M	FINAL	
9:40	C1	WOMEN	500M	FINAL	
Break 30 r	min	-	-	-	
10:10	K1	MEN	500M	FINAL A	
10:20	K1	MEN	500M	FINAL B	
Break 30 r	min				
10:50	K1	WOMEN	200M	FINAL	
10:55	C1	MEN	200M	FINAL	
11:00	C1	WOMEN	200M	FINAL	
11:05	K1	MEN	200M	Heat 1	
11:10	K1	MEN	200M	Heat 2	
Break 45 min					
11:55	K1	MEN	200M	FINAL A	
12:00	K1	MEN	200M	FINAL B	

Lunch Break 2 hours

2:00 PM	K1	WOMEN	2 KM	FINAL
2:15	C1	MEN	2 KM	FINAL
2:35	C1	WOMEN	2 KM	FINAL
2:55	K1	MEN	2 KM	FINAL

<u>DAY 2</u>				
9:00 TO 9:15	K1	MEN	2 KM	FINAL
9:15 TO 9:25	K1	WOMEN	2 KM	FINAL
9:25 TO 9:30	C1	MEN	2 KM	FINAL
9:35 TO 9:45	C1	WOMEN	2 KM	FINAL
Break 20 min				

) r	<u>min</u>						
	10:05	K1	MEN	500M	Heat 1		
	10:10	K1	MEN	500M	Heat 2		
	10:20	K1	WOMEN	500M	FINAL		
	10:30	C1	MEN	500M	FINAL		
	10:40	C1	WOMEN	500M	FINAL		
	Break 30 min						
	11:05	K1	MEN	500M	FINAL A		
	11:10	K1	MEN	500M	FINAL B		

Break 45 min					•
	11:55	K1	MEN	200M	Heat 1
	12:00	K1	MEN	200M	Heat 2
	12:10	K1	WOMEN	200M	FINAL
	12:20	C1	MEN	200M	FINAL
	12:30	C1	WOMEN	200M	FINAL

Break 30 min				
1:00PM	K1	MEN	200M	FINAL A
1:05PM	K1	MEN	200M	FINAL B